

## ESTABLISHMENT OF PSYCHOLOGICAL COUNSELING ACTIVITIES OF PSYCHOLOGISTS IN EDUCATIONAL INSTITUTIONS

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### ABSTRACT

In this article, the introduction of psychological consultation activities of psychologists in educational institutions, the reforms in the educational system, the work carried out through them, the types of psychological services and their goals and tasks are highlighted.

**Keywords:** activity, psychological consultation, competence, self-knowledge, psychological service.

### INTRODUCTION

Today, the attention paid to the education system is increasing day by day. Not only their in-houses are updated, but also their internal environment is undergoing radical changes. During the past period, on the organization of an effective system of preschool education, aimed at bringing the growing generation in our country to a healthy and comprehensively mature adult, introducing effective forms and methods of education and upbringing into the educational process. extensive work has been done. In particular, the decision of the President of the Republic of Uzbekistan dated December 29, 2016 No. PQ-2707 "On measures to further improve the preschool education system in 2017-2021" Decree No. PF-5198 dated September 30 "On measures to fundamentally improve the management of the preschool education system", on approval of the concept of development of the preschool education system of the Republic of Uzbekistan until 2030 Resolution No. PQ-4312/3106 of May 10, 2019 includes comprehensive measures for the development of the preschool education system. the tasks of providing qualified pedagogues and introducing innovations are defined. For this, it is important to provide a healthy psychological environment in preschool educational organizations, to establish a psychological service area<sup>1</sup>. The favorable conditions created for the development of public-private partnerships in the field of preschool education became a solid foundation for further increasing the number of non-governmental preschool educational institutions and expanding the types of services they provide.

### LITERATURE ANALYSIS AND RESEARCH METHODOLOGY

Government decision on further improvement of psychological and pedagogical support of students was adopted. This was reported by the "Legal Information" channel of the Ministry of Justice. By the decision, the regulation on the organization of psychological services in general secondary and secondary special state educational institutions was approved. According to the regulation, the main task of the psychological service is to help students choose the right profession based on their abilities, skills, interests and professional inclinations. The psychological service is organized in 1-3 state units based on the number of students. When the number of psychologists is more than one person, one of them is assigned to lead the psychological service. A 36-hour work week is introduced for psychologists in

educational institutions. The decision also established the procedure for the attestation of psychologist personnel. According to it, the psychologists of general secondary educational institutions are certified every five years, and the psychologists of secondary special and vocational educational institutions are certified every three years. Qualification categories of psychologists are kept when they transfer from one educational institution to another. Attestation is held every year in March-June. A fee equal to 1 times the minimum monthly salary (202 thousand 730 soums) is charged for the certification of psychologists applying for higher and first qualification categories.<sup>1</sup>

## DISCUSSION AND RESULTS

In the process of psychological service

1. Creating a composition of the positive influence of the socio-psychological environment in each class on the personality of each student.
2. To ensure that each student can make an adequate self-evaluation of his/her educational activities.
3. To create conditions for each student to know himself, understand, control and successfully satisfy himself in a social sense.
4. Applying all measures so that the student does not go beyond the limits of the normative emotional state during the fulfillment of the requirements of any educational activity.
5. To ensure that the student's activity requirements can be adapted to the student's personality, and vice versa.
6. To regularly monitor the establishment of important and successful relations for cooperation activities between student-student, student-teacher, student-community.
- 7 To study and decide on the possibilities of individual methods related to the activity of the student personality, which serves to ensure the successful fulfillment of the requirements of educational activities.
8. To provide appropriate scientific and practical recommendations for the selection of a profession by involving each student in in-depth learning classes in one or another subject at the time of admission to school.
9. To work on the "Personality card" redeveloped on the basis of K.Platonov's "Personality Structure" method and with some changes made by Sh.Baratov (with each student, of course).
10. Development of appropriate recommendations for each student based on the application of the method developed by E.A. Klimov on the choice of professions adapted to the Uzbek language by Sh. Baratov.
11. Planning of scientific and practical work based on "Tasks of psychologist of educational institutions" recommended by E.G. Gozиеv.
12. Systematic implementation of psycho-prophylactic, psycho-diagnostic and psycho-corrective work based on the Regulation of General Psychological Service. The activity of practicing school psychologists is organized on the basis of appropriate guidelines, instructions and scientific-practical recommendations developed on the basis of specific requirements.<sup>2</sup>

<sup>1</sup> Nishonova, G. Alimova Bolalar psixologiyasi va uni o'qitish metodikasi. Toshkent 2006.

<sup>2</sup> F.I. Haydarov. N.I. Xalilova Psixologiya fanlarini o'qitish metodikasi. Toshkent 2001.

The use of various types of demonstrations in teaching psychology revives students' activity, reminds them of previous knowledge, and allows them to recall their imaginations. However, as there is a standard for everything, visuality should not become a traditional, usual situation or reality, otherwise it may cause certain difficulties in mastering abstract concepts. Psychological service is an integral part of the modern education system, which ensures timely identification and maximum use of children's intellectual and personal abilities, inclinations, abilities, interests and inclinations in the education and upbringing of children. A preschool psychologist is primarily a person who both knows and deeply understands the child.

### CONCLUSION

In conclusion, it can be said that the psychologist gives recommendations on developing the achievements and correcting the shortcomings of students' character, observing, analyzing, evaluating their own behavior, managing their mood and behavior, and improving their skills and abilities. Practicing psychologists working in general secondary schools ensure the coordination of the social environment of the educational institution during their work, and the role of psychological services is invaluable in preventing social maladjustment from their stress. It is known that the expansion of the fields of psychology, the increase in the need to use the knowledge provided by this science in social life, production, medicine, and in the process of education and upbringing indicate that the status and prestige of our science is increasing. The introduction of psychology courses in higher and secondary special educational institutions requires the expansion of its practical aspects. Especially in pedagogic schools, the course of psychology is considered to have special prestige as an educational subject with the essence of developing professional qualities, and it is a decisive role in the formation of professional abilities and skills of future teachers. Therefore, teaching psychology courses at a high level, using active, new, effective methods, is of primary importance, because it is impossible to think about the quality of knowledge without increasing the effectiveness of teaching. In order to improve the quality of training of highly qualified teachers, it is necessary to develop psychology teaching, to arouse interest in psychology among students.

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