

## THEORETICAL AND METHODOLOGICAL FOUNDATIONS OF FAMILY RELATIONS

Uzakova Gulmira

Nukus Davlat Pedagogika Instituti, Magistr

### ANNOTATION

The article discusses the issues of family society, its first and primary nucleus, its particle. From the day of the birth of a child, he lives in a family environment, and the concepts of family traditions, values, and traditions are described. It also plays a special role in the constant increase in the need for a culture of family relationships in today's global climate.

**Keywords:** culture, spirituality, family, neighborhood, tradition, value, tradition, happiness, marriage relationships

### INTRODUCTION

"The greatest happiness is that I am not tired of returning this a thousand times, let our family be calm! The family is a small homeland, the family is peaceful, and fortunately the homeland is peaceful. May it be a privilege for all of us to see those happy days, the perfection of our country and of our people, as we intend now!"<sup>1</sup> - president of Uzbekistan.

It arises from the need to regulate family relationships, family relationships, and inter-family relationships. The family is the foundation of society, its first and primary nucleus, its particle. Living as a conscious family is unique only to mankind among all creatures and creatures in the world. The history of the family is told about Adam and Eve. This vision, presented in all the Holy Scriptures, is also confirmed by modern science. Likewise, the history of love relates to the same story.

When the poet E. Vohidov wrote: "Love is also in the blood of a man left over from Adam," the poet E. Vohidov was right. According to the laws of genetics, biological sciences, everyone is a world, and they never repeat one another. This is a new world called a family from the voluntary union of people who do not resemble the other, or husband and wife, in turn, where "new men"—children—are born. Society is thus formed, prosperous, and social progress is emerging. "The child lives in a family environment from birth. Family traditions, values, and traditions shape a child's temper. The most important thing is that children understand and feel the demands of society through a family life school."<sup>2</sup>

### MATERIALS

Therefore, family problems and the educational issues referred to in it have long attracted the attention of the creative people of science. We are not mistaken to say that such questions as how a family should be built, what constitutes its natural, economic, legal, and spiritual foundations, what laws govern family upbringing, have been a pressing issue at all times in human history.

We think it is appropriate to study historical sources of family and family upbringing in the following stages:

<sup>1</sup> Miriam Sh.M. The family is a small homeland, the family is peaceful, and fortunately the homeland is peaceful. 22.01.20

<sup>2</sup> Баркамол авлод – Ўзбекистон тараққиётининг пойдевори. – Т.: Шарқ 1998, 4-б.

- the first phase, the teachings that existed until Islam entered Central Asia (Judaism, cruelty, Buddhism, Christianity);
  - the second phase, the teachings of the nineteenth and 12th centuries, the Islamic Awakening period (Koran, events, pandemics, the teachings of hypocrites: Forobi, Beroea, Ibn Sino);
  - the third phase, the teachings that existed during the 14th and 17th centuries, during the reigns of Amir Tiberius and the Tyrians;
  - fourth phase, theories of the time of the chambers (from the 16th to the 19th centuries);
  - the fifth phase, theories of the period conquered by the Central Asian Chorssian (theories that existed in the late 1960's and the October 1917 Revolution);
  - sixth phase, theories of the Union era (theories that existed from the October 1917 Revolution to August 1991);
- The seventh phase, the Period of Independence, that is, from September 1991 to the present.

### METHODS

In this regard, we will have to reflect exclusively on the advanced ideas of the written monument "Ar ta xerx'es," which teaches us about the culture and rich spirituality of our nation and people 3,000 years ago, glorified in good thought, good words, and good deeds.

"How much right does a man have to say that he is happy? If you are happy with your family, you have the right to say that you are happy. I find myself happy if my people are happy, not just my family."<sup>3</sup>

In that sense, M. Kholmatova writes: "To make the younger generation confident in the future, we need to thoroughly study the moral and ethical heritage of our generation and harmonize their activities, talents and abilities with the purpose of the land, the people, and the state<sup>4</sup>. " "Ar ta xerx'es" is a historical document that testifies at the same time that this ancient land was a great country, a great spirituality, and a great culture that no one can deny.<sup>5</sup>"

Explaining the teachings of cruelty, it elevates such issues as philosophical understanding of the world, spiritual purification, deep penetration into the human spiritual and moral world, understanding human duty, beauty, and goodness to the top theme. In one oath, Zardusht asks: 'Who created the moon to come out and fade? Who holds the ground and the clouds so that it does not fall? Who created the water and the trees? Who has co-existed wind speeds with clouds? What power created light and darkness, dreams and misery? Who controls the spirit of the obedient in the morning, in the evening, and in the evening? Who dreamed of having a son in the heart of a father? All of this was built by A has u e'rus Mazda. He made him out of his own spirit, making a man lively, intelligent, and self-aware.'<sup>6</sup>

"Ar ta xerx'es" details the rules governing maintaining family stability, marriage arrangements, couple obligations, marriage and cancellation. Special chapters of assyria contain the call and requests of Axura Mazda or Zardusht to the brides and grooms. It also contains valuable insights into such tips as starting a family, avoiding haste when choosing a mate cleanly, and following the advice of parents and the elderly. Because one of the golden

<sup>3</sup>About family and happiness. Gazeta.uz. July 25, 2018,

<sup>4</sup> Халматова М. Онлави муносабатлар маданиятини такомиллаштириш ва соғлом авлодни тарбиялаш муаммолари: ф.ф.д. дис. Тошкент Давлат аграр университети. – Тошкент, 1998. 270-бет.

<sup>5</sup> Каримов И. Тарихий хотирасиз келажак йўқ. // Мулоқот. – Тошкент: 1998, 5-сон, 5-б.

<sup>6</sup> Маҳмудов Т., Авесто ҳақида. – Тошкент: «Шарқ», 2000, 32-б.

rules of cruelty in "Ar ta xerx'es" is that for some other reason the marriage was not allowed to be canceled on such grounds as fraud, slander, a couple's disagreement, and inability to negotiate with parents <sup>7</sup>.

## RESULTS

When it comes to family life and the historical foundations of family upbringing, it is important to emphasize the importance of religious values and sources related to folk pedagogy. During the nineteenth and 12th centuries, the culture of the peoples of Central Asia, which had gone through a very long period of development, set foot in a new phase of perfection. This historical period is called the Eastern Awakening, and its essence is made up of Islamic culture. Islamic culture (or, in some sources, Islamic regional culture) has established political, economic, spiritual, and cultural cooperation in a vast area where Turkish, Ethiopian, and Arabic peoples lived, introducing and bringing peoples closer together. The process of assimilation took place between Arabic, Persian, and Turkish, and major changes took place in the dictionary content of the languages. Science has developed new directions and teachings that rely on world scientific achievements. "The main spiritual factor uniting the culture of this single region was the desire to understand the beliefs of tawhid more terribly and more perfectly."<sup>8</sup>

## CONCLUSION

In conclusion, first of all, it is an important cell of family society that provides the normal development of society, the growth of the population, the physical and spiritual upbringing of the younger generation, and the natural needs of a person—love, love, and communication. Second, valuable information is gathered in the works of sacred religious sources, Uzbek folk art, great Oriental hypocrites, and passionate intellectuals, reflecting family life, couple relations, their duties and duties, quality and qualities. They can be used effectively in preparing current young people for family life and in the practice of family life. (Matthew 24:14; 28:19, 20) Third, today national and ethnic values have harmonized with one another in the direction of family upbringing.

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