

FORMATION OF OLYMPIC KNOWLEDGE IN CHILDREN AND ADOLESCENTS AND ESSENCE OF OLYMPIC EDUCATION

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ABSTRACT

In this article improvement of physical education and sports, training of teachers, relevance and necessity of Olympiad education, local and foreign of experts practical experiences general business issues were discussed.

Keywords: large-scale reforms, regulatory and legal documents, public administration system, scientific data, historical evidence, moral values, abilities, skills, specific system of qualifications, training.

INTRODUCTION

Currently, large-scale reforms in improving physical education and sports are being carried out in our country, and in this regard, the training of teachers who have acquired knowledge of Olympia is of great strategic importance.

Law of the Republic of Uzbekistan "On Physical Education and Sports" dated September 4, 2015 No. 394, President of the Republic of Uzbekistan dated February 7, 2017 "Five priority areas of development of the Republic of Uzbekistan in 2017-2021 Decree No. PF-4947 of the President of the Republic of Uzbekistan dated April 20, 2017 "On Measures for the Further Development of the Higher Education System" PQ-2909- Resolution of the President of the Republic of Uzbekistan dated March 5, 2018 "On measures to fundamentally improve the state management system in the field of physical education and sports" and the tasks defined in the regulatory and legal documents related to this field have been resolved. In recent years, a number of domestic and foreign scholars have emphasized and justified the relevance and necessity of Olympian education for the development of Olympism, the development of the whole society and the social relations of each person in the way of humanization of the Olympian movement.

Olympiad education is aimed at eliminating the objective contradictions between, on the one hand, the growing interest of young people in sports, and, on the other hand, their weak assimilation to Olympian ideas, values and traditions. However, in order to do this in practice, it is necessary to have scientific knowledge about Olympian education itself as a social phenomenon, its content and possibilities. Scientific research in this direction is very relevant and has been carried out in our country and abroad for almost more than a year. It's here collected scientific data analysis and to explain Demand does This is his in turn, Olympia education of the theory cont s eptual the basics to determine , one series fundamental tsuchni, of scientists thoughts and conclusions clarification Demand does.

Today's in the day About Olympia education scientific knowledge is mainly empirical to the character have is local and foreign of experts practical experiences generalization is a special

type of work, which is quite consistent enough, internally opposite non-scientific with system knowledge collected.

Special literature analysis to do Olympia of education come exit history of humanity common development of culture, Olympia The emergence of ideas, special sports competitions organize reach practice and to them preparation determine that the system is inextricably linked enable gives. It's here separately place to ancient Greece related, this one series historical with evidence approved.

However, the first independent Olympia education of the institution appear to be in 1961 at International Olympia of the academy establishment done to the period is correct. Greece IOC by organized Olympics XOQ of main purpose Olympia principles, ideas and values distribution and is to develop. The same at the time this on the ground held in sessions Olympia of education issues directly discussion is being done and another purposeful affairs done is increasing.

To the information of Antipova MB according to humanity ideas implementation and school of students moral to values has been real direction Olympia education course deep study work through done more can. Of this for medium 10th grade students of the school for theoretical special course work released. These experience classes in Olympia knowledge level significant level to increase possibility gives.

Academic V. Stolyarov and IVBarinova's works student of young people Olympia education topic to develop very suitable come on. They are Olympia movement within teacher of activity theory and Three, which includes the formation of students, the practical implementation of the practice considering it as a unique system consisting of interrelated but independent spheres of activity comes out:

- known one knowledge system (Olympia education);
 - certain motivated system: interests, needs, value directions and others (Olympia education);
 - ability, skill and of qualifications certain system (Olympia education).
- Olympia to education has been need very important social event as international leader both in scale and in our country state and public organizations as confession will be done.
- Today in the day Olympia of education society in development significance by UNESCO note done, international Olympia committee by approved and Olympia In the charter reinforced (Article 31). Olympia education issues XP Olympia in Congress main from issues one is Olympia education modern international event as A starting point for improving Olympic education became.

International History Academy and Olympia under the auspices of the IOC in Canada organize work of ethyl Olympia education at confirmation important is an aspect. Earlier, IOC Olympia academy and Olympia commission on education was made.

So for the first time in history Olympia doctrine in our country own activity and development for necessary has been Legislation and administrative base occupies.

From this except Olympia education active scientific studies to the topic is spinning. Last in years him independent system as formation laws of learning mining s eptual basics looking for In this regard scientific conventions and sessions in progress, dissertation studies and another scientific affairs is being prepared.

Thus, the Olympian education has now manifested itself as a special social institution, distinguished by its uniqueness:

1. It serves the function of socializing people, joining the main values and practice of Olympism, its origin dates back to the time of the ancient Greek Olympiad Games and is closely related to the history of the emergence of physical culture.
2. There is a certain pedagogical value that can be distinguished by Pierre De Coubertin, the founder of the modern Olympian movement.
3. Researches the real features of social institutions (IOC, NOC, MOA educational institutions, educational and methodical manuals, etc.).
4. It is legal to the list received, administrative to the base have _
5. He m uayyan roles (teacher, student, coach, athlete, teacher, student and others) that perform different different socio-demographic groups _ unites this _ mining s eptual the basics on development active scientific studies and Olympia education independent system as the laws that regulate formation learning with is described.

Scientific and methodical literature, first of all, on issues of Olympia scientific and practical conference and Workshop materials, available international and domestic experiences, as well as own We can highlight the current problems and the main direction of the development of Olympian education in the current conditions, such as our research.

Olympia to education has been need above telling as before, sports ng high degree development and Olympia ideas and values low level of absorption between from conflict come comes out. That's it relationship with XII Olympia in Congress Xalkara Olympia committee President H. A. Samaranch (Paris, 1994) said: "Olympia education of society all levels done more need". That's why for Olympia of education current of duties one this is the population category of weight is not covered. All socio-demographic groups (preschool age children, athletes, especially high qualified, medium special education institutions students of the population adults part) between Olympia ideas distribution less or in general no

One series authors: Zoldak B, Ilyin eb., Rodichenko B,C, Sukik A., Haugsjaa S, Voolaid K and others stated that education to the process basically social of the system the effect of his in formation teachers, parents, peers Olympia literacy level depends they said.

This the problem one how many in the direction solution to do possible

- national Olympia education systems i and public information tools between directly communications organize reach necessary;
- national Olympia education systems in formation international of cooperation necessary level setting need.

Ours we think it is the problem solution reach example more wider coverage _ Demand does and this today's Olympia, which is insignificant in the day education problems with interrelated.

Olympia education according to work developed programs and styles done to increase able qualified experts preparation issue is very relevant. First of all, it is related to the organization of the Olympic movement physical education process for students of physical education institutions (44, 66, etc.).

It would be wrong to limit this training to only a few special courses or the use of the subject of "Olympic education". It is necessary to develop a targeted system of Olympiad education that covers the entire period of education, only this will allow to train specialists who will effectively

increase Olympiad education among different socio-demographic groups of the population. Also, Olympia requires the issue of methodological support of the educational process.

However, the emergence of the first independent Olympia educational institution dates back to the founding of the international Olympia Academy in 196. The main goal of the NOC, which was organized by the Greek IOC, is to spread and develop the principles, ideas and values of Olympia. other targeted works are carried out.

According to Antipova MB, in the implementation of humanistic ideas, the relationship of schoolchildren to moral values through Olympism can be realized through in-depth study of Olympian education. For this, a special theoretical course was developed for students of the 10th grade of high school. Experimental in classes Olympism according to knowledge level significant level to increase possibility gives.

Olympia to education has been need very important social event as international leader both in scale and in our country state and public organizations as confession will be done.

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Today, Olimpia's training activities are Olimpia is becoming an actual problem as a factor of harmonizing relations within the movement.

Thus, in order to solve the urgent issue of strengthening Olympic ethics, it is proposed to actively use Olympiad education not only in the educational process of children, teenagers and young people, but also in the training of athletes. As stated in the final document of the 12th Olympiad Congress in Paris, sports practices implemented in accordance with Olympian ideas are the most effective form of Olympic education.

By creating various clubs and sports activities that allow healthy people and disabled people to unite , as well as by appropriate promotion aimed at forming the right attitude towards people with disabilities, Olimpia education helps to develop the Para Olimpia movement.

When defining Olympic education, first of all, its content as a pedagogical process is considered in several rules: sports humanistic education, comprehensive humanistic education as a means of raising and teaching children and young people, human self- as the idea of self-awareness; as a condition for the formation of mutual understanding between peoples, as a factor for harmonizing the interests of the Olympic movement, as a condition for the training of physical education and sports specialists, as a condition for the training of physical education and sports specialists; as a factor of patriotic education, etc. However, in our opinion, practical activities that reduce the effectiveness of the pedagogical process remain neglected.

There is no doubt that Olympiad education, like other scientific disciplines, is based on the principle of sequence of pedagogical categories. However, as a part of Olympia education, it is proposed to solve such tasks as knowledge formation: the study of ideas and values of humanity, ideas and values of relationships between people, healthy lifestyle, history of physical culture - various aesthetic abilities; includes the ability to build knowledge, engage in sports without harming health, etc. If we refer to the analysis of special scientific methodical literature, then we can know that this field, the theory and methodology of physical culture is related to

pedagogy and science fields, psychology, physical education and sports history, hygiene, ethics and aesthetics, and other fields of science.

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